

The Optimist CREED

Promise Yourself

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk *health, happiness and prosperity* to every person you meet.

To make all your friends **feel that there is something in them.**

To look at the **sunny side of everything** and make your optimism come true.

To *think* only of the best, to **work** only for the best and to **expect** only the best.

To be just as enthusiastic about *the SUCCESS of others* as you are about your own.

To forget the mistakes of the past and press on to the **GREATER ACHIEVEMENTS** of the future.

To wear a cheerful countenance **AT ALL TIMES** and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have **NO TIME** to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and *too happy* to permit the presence of trouble.